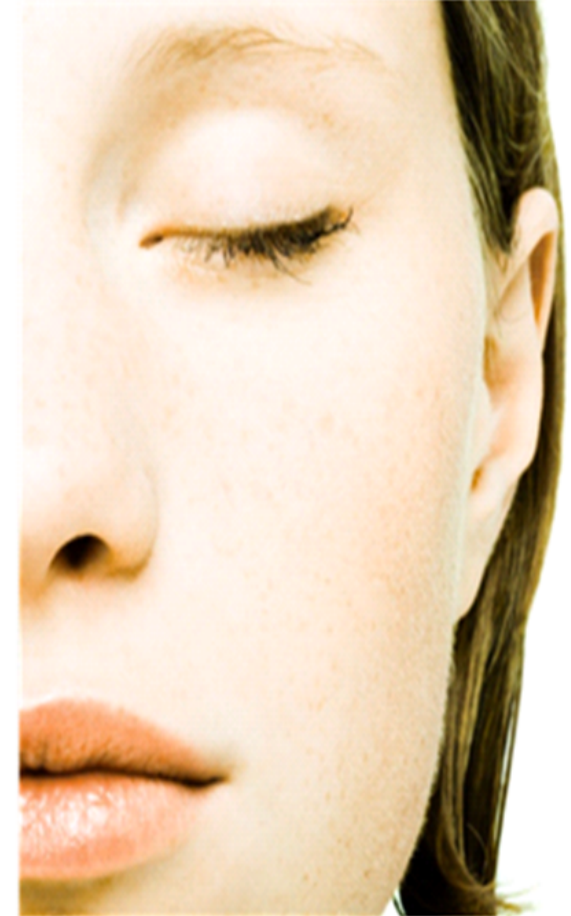
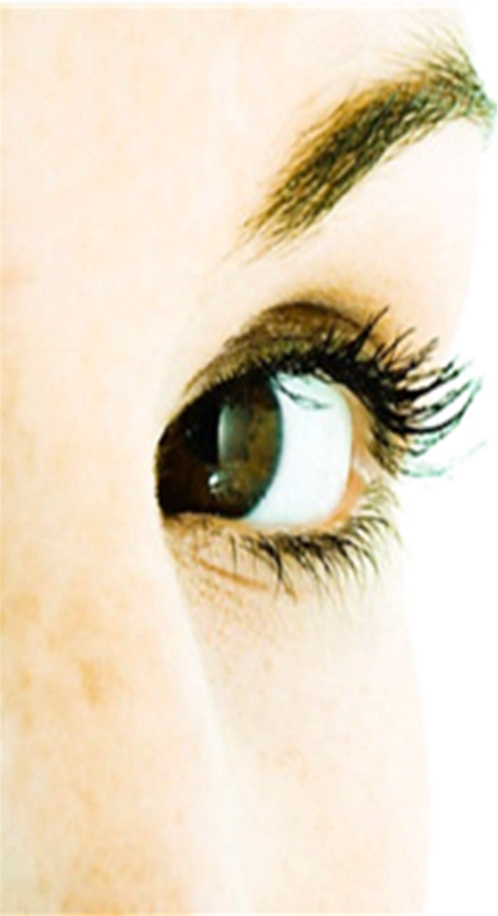


Sound and acoustics in healthcare facilities

Mai-Britt Beldam, Saint-Gobain Ecophon



A SOUND EFFECT ON PEOPLE

Once upon a time...



Once upon a time...



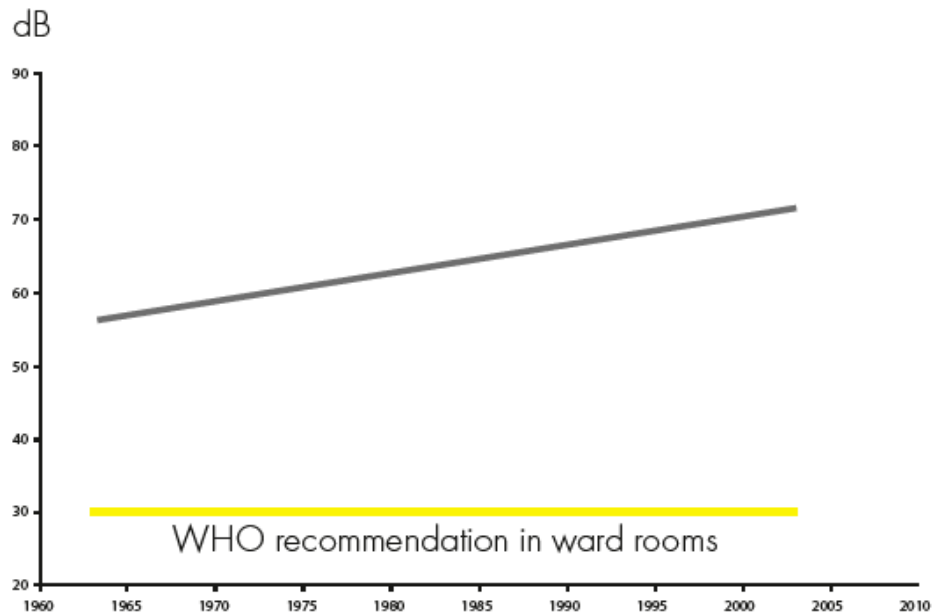
Outline



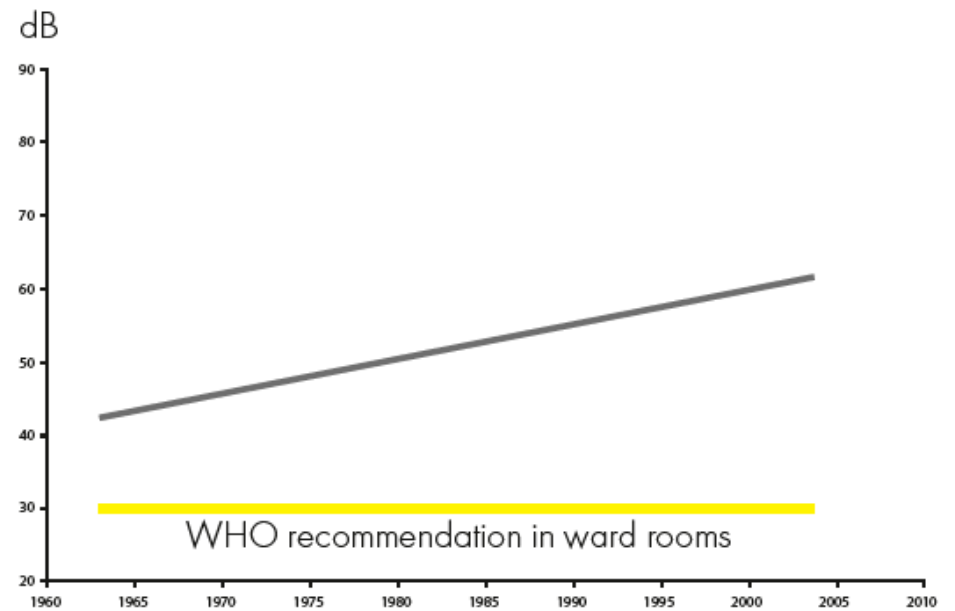
- WHO guidelines and trends
- Sound and the brain
- The outdoors
- Sound in healthcare facilities
- Elderly care
- The study in a dementia clinic in Munich
- Conclusions

WHO guidelines and trends

Daytime sound levels

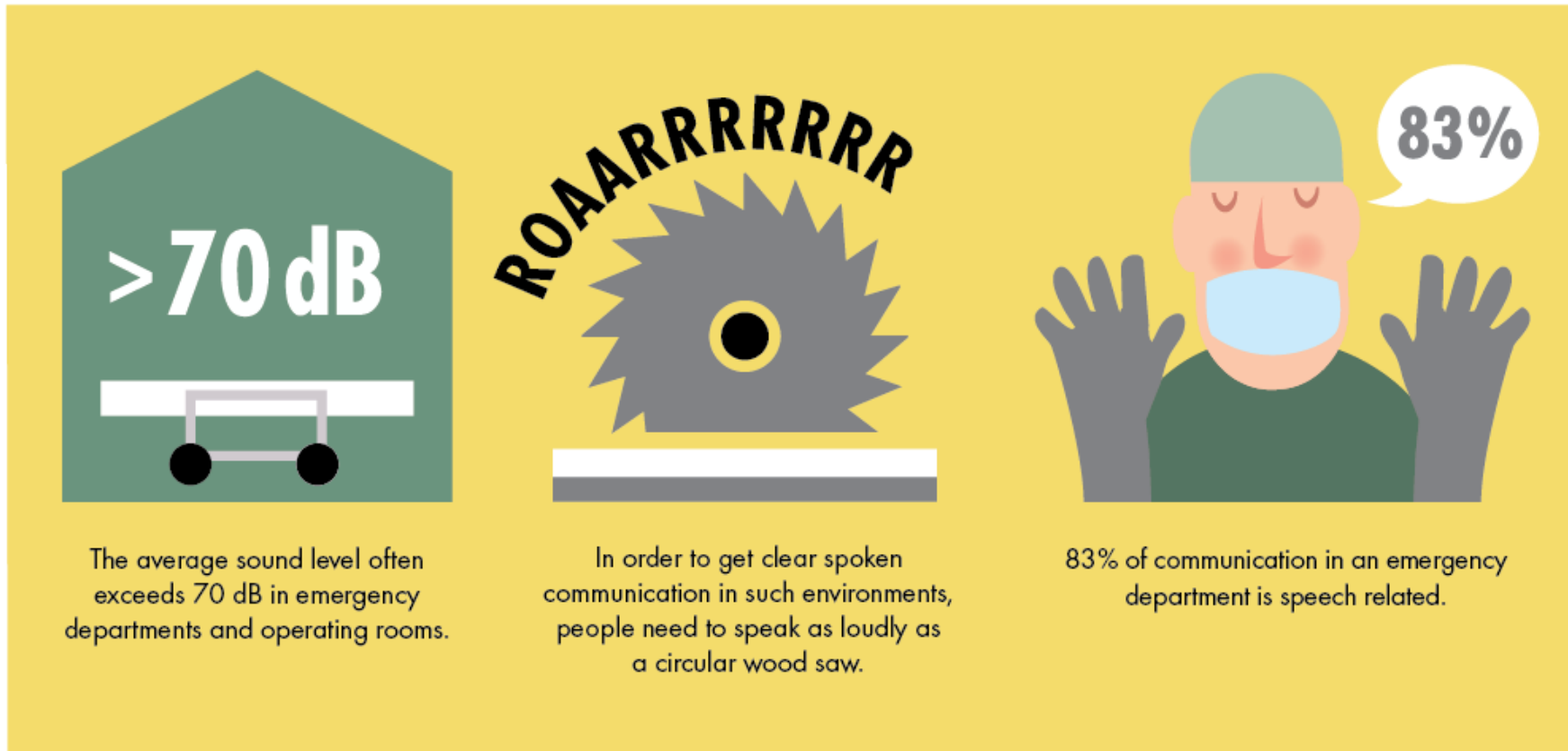


Night-time sound levels



Ref: Busch-Vishniac et al., "Noise Levels in John Hopkins Hospital", *Journal of the Acoustical Society of America*, Dec 2005, 118(6), p3629-3645

WHO guidelines and trends



The infographic consists of three panels on a yellow background. The first panel shows a green house icon with the text '>70 dB' and a table below it. The second panel shows a circular saw with the sound effect 'ROAARRRRRRR' written in a curved font above it. The third panel shows a person wearing a green surgical cap, a blue face mask, and grey gloves, with a speech bubble containing '83%'.

The average sound level often exceeds 70 dB in emergency departments and operating rooms.

In order to get clear spoken communication in such environments, people need to speak as loudly as a circular wood saw.

83% of communication in an emergency department is speech related.

Ref: Woloshynowych, Davis et al., "Communication patterns in a UK emergency department", *Ann. Emerg. Med.*, Oct 2007, 50(4), p407-413

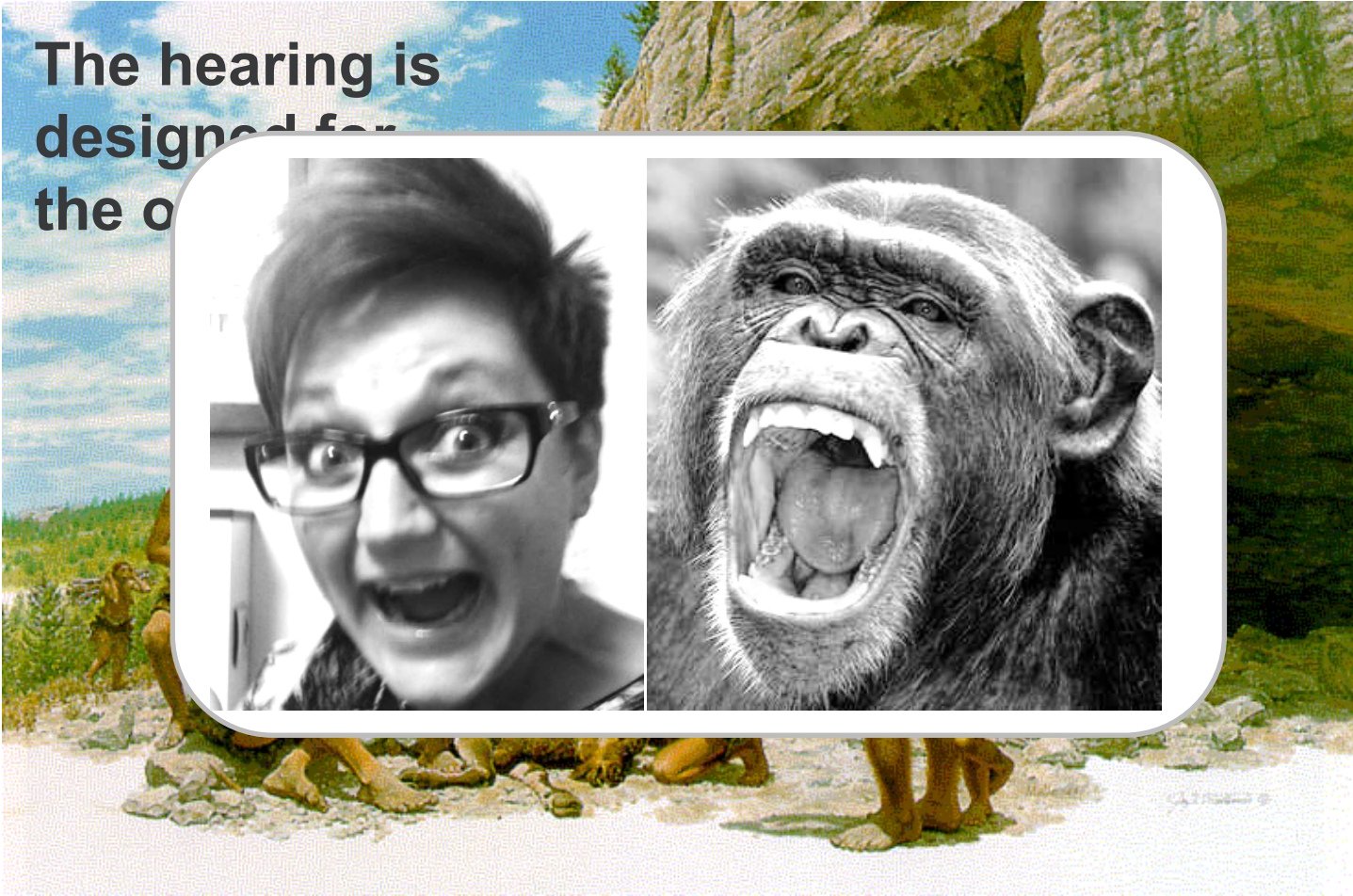
Why bother..?

Why bother..?



Why bother..?

Why do we react?



Sound in healthcare facilities



Med-Tech equipment

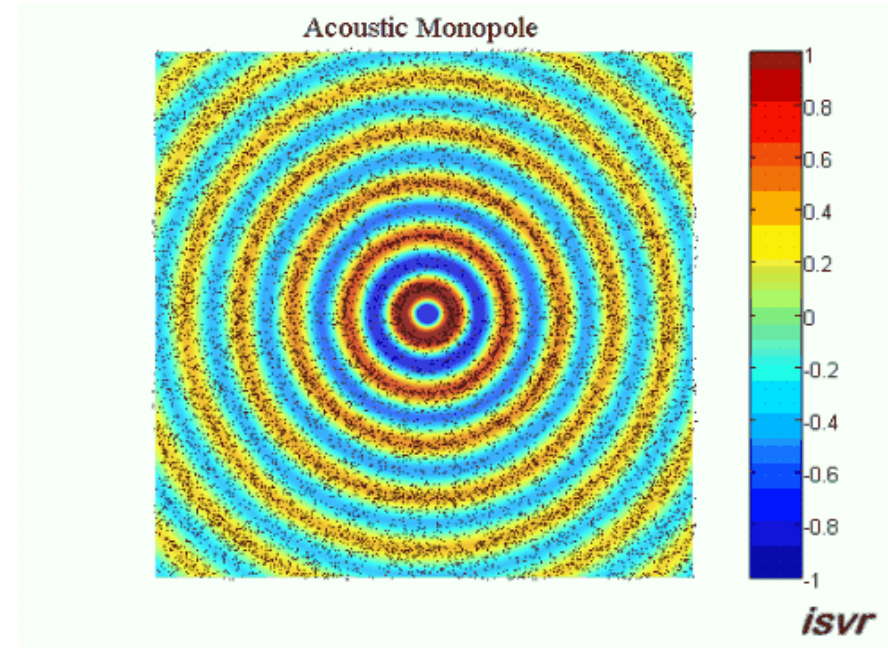
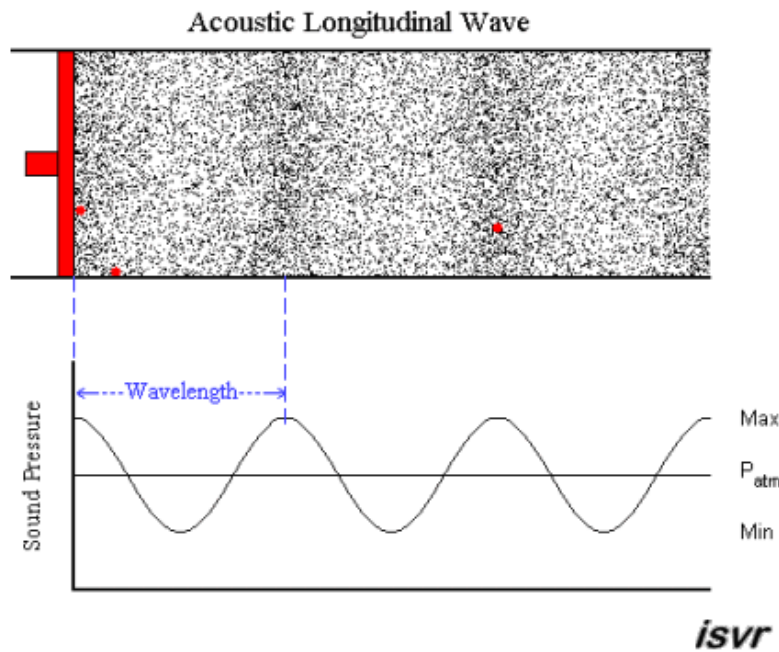


Communication



Logistics

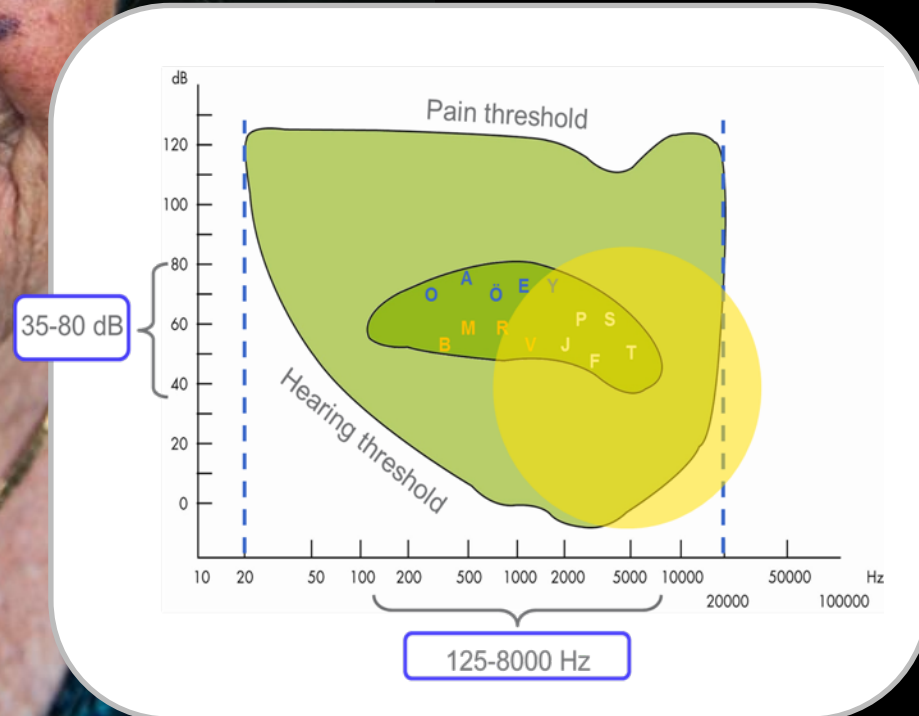
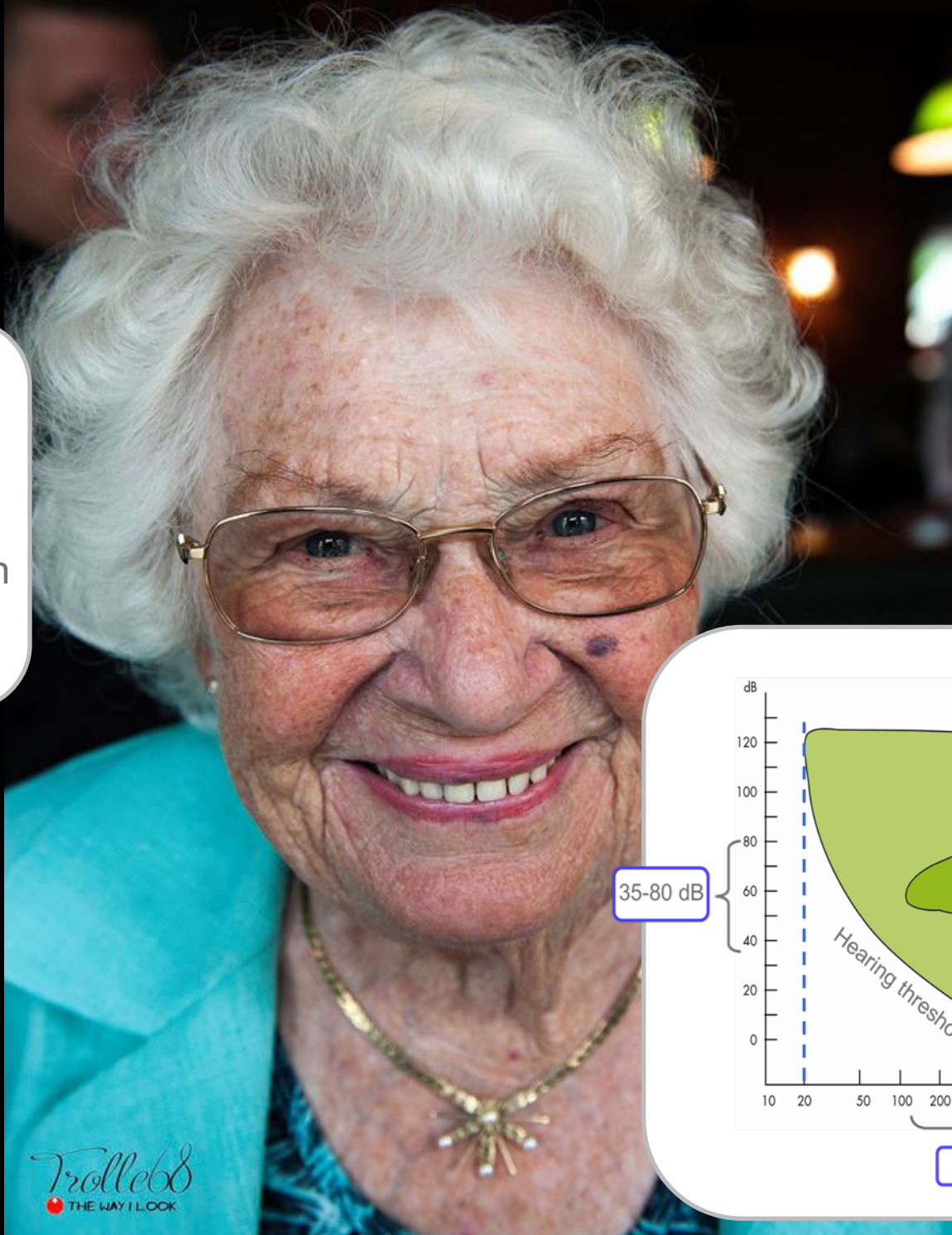
Sound in healthcare facilities



Dementia

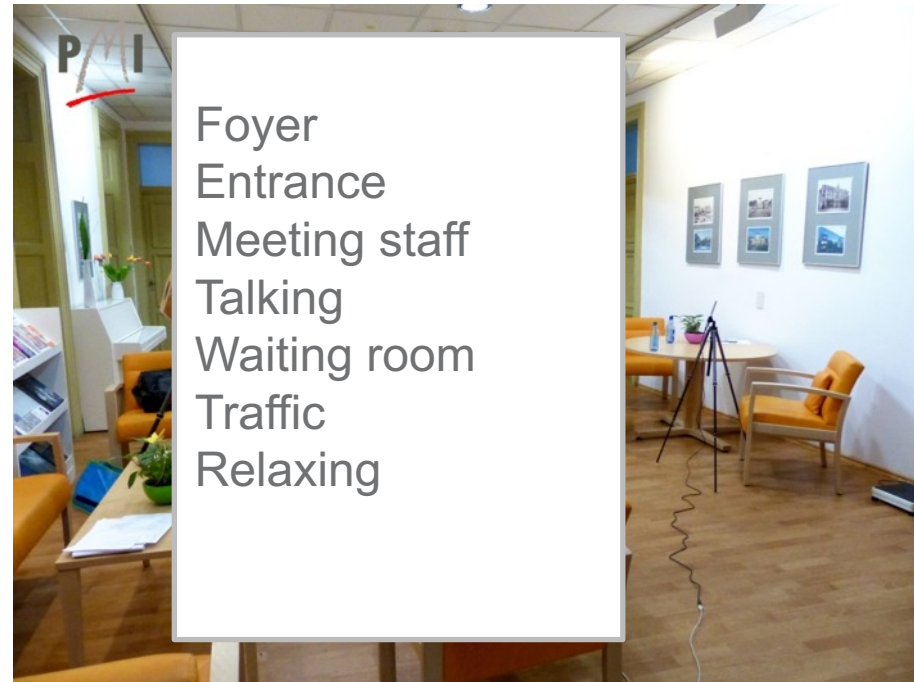
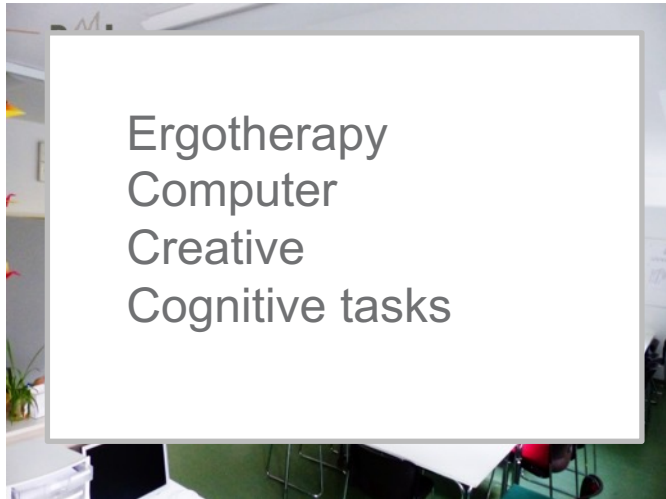
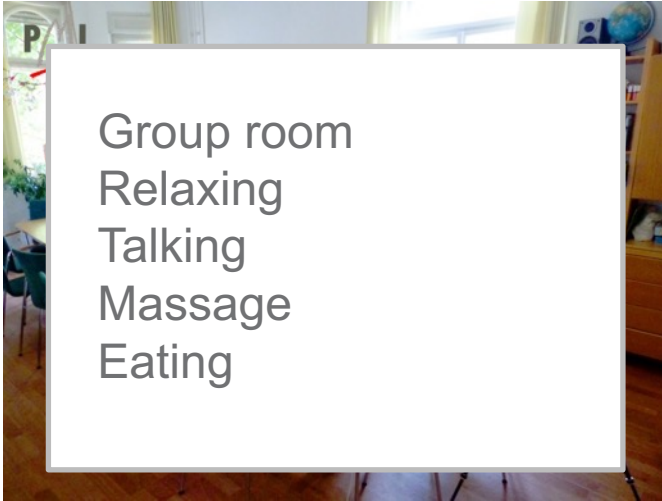
2010 – 35.6 million
2030 – 65.7 million
2050 – 115.4 million

Ref: Prince et al, 2013



The study in Munich

The rooms



German DIN 18041



- Group rooms: $RT \leq 0.64$ sec.
- Foyer: $RT \leq 0.69$ sec.
- Occupational therapy: $RT \leq 0.63$ sec

What did it sound like in Munich?

Messwert	Raum	Gruppenraum EG	
		vorher	nachher
EDT [s]	Mittelwert	0,82	0,53
T ₂₀ [s]	Mittelwert	1,20	0,59
T ₃₀ [s]	Mittelwert	1,07	0,56
C ₅₀ [dB]	Messposition 1	3,70	7,80
	Messposition 2	1,00	5,30
	Messposition 3	0,10	2,10
	Messposition 4	0,60	3,60
	Messposition 5	1,70	6,70
	Messposition 6	1,00	3,30
	Messposition 7	1,00	3,80
	Messposition 8	0,90	3,10
D ₅₀ [%]	Messposition 1	70,20	85,80
	Messposition 2	55,81	77,15
	Messposition 3	50,30	61,82
	Messposition 4	53,24	69,44
	Messposition 5	59,71	82,24
	Messposition 6	55,56	68,20
	Messposition 7	55,47	70,48
	Messposition 8	55,23	67,24
STI	Messposition 1	0,68	0,79
	Messposition 2	0,64	0,76
	Messposition 3	0,64	0,73
	Messposition 4	0,66	0,72
	Messposition 5	0,65	0,76
	Messposition 6	0,64	0,71
	Messposition 7	0,63	0,72
	Messposition 8	0,65	0,72

Messwert	Raum	Foyer EG	
		vorher	nachher
EDT [s]	Mittelwert	1,09	0,37
T ₂₀ [s]	Mittelwert	1,40	0,51
T ₃₀ [s]	Mittelwert	1,54	0,53
C ₅₀ [dB]	Messposition 1	1,80	11,80
	Messposition 2	2,30	5,40
	Messposition 3	-0,70	8,20
	Messposition 4	-0,70	8,10
	Messposition 5	-	-
	Messposition 6	-	-
	Messposition 7	-	-
	Messposition 8	-	-
D ₅₀ [%]	Messposition 1	60,02	93,78
	Messposition 2	62,72	77,49
	Messposition 3	46,19	86,86
	Messposition 4	46,07	86,75
	Messposition 5	-	-
	Messposition 6	-	-
	Messposition 7	-	-
	Messposition 8	-	-
STI	Messposition 1	0,62	0,88
	Messposition 2	0,63	0,79
	Messposition 3	0,57	0,80
	Messposition 4	0,57	0,81
	Messposition 5	-	-
	Messposition 6	-	-
	Messposition 7	-	-
	Messposition 8	-	-

Messwert	Raum	Ergotherapie UG	
		vorher	nachher
EDT [s]	Mittelwert	0,73	0,40
T ₂₀ [s]	Mittelwert	1,16	0,47
T ₃₀ [s]	Mittelwert	1,25	0,57
C ₅₀ [dB]	Messposition 1	2,70	7,40
	Messposition 2	4,30	9,10
	Messposition 3	2,80	7,70
	Messposition 4	1,10	4,70
	Messposition 5	-	-
	Messposition 6	-	-
	Messposition 7	-	-
	Messposition 8	-	-
D ₅₀ [%]	Messposition 1	65,16	84,59
	Messposition 2	73,03	89,14
	Messposition 3	65,37	85,53
	Messposition 4	56,51	74,78
	Messposition 5	-	-
	Messposition 6	-	-
	Messposition 7	-	-
	Messposition 8	-	-
STI	Messposition 1	0,67	0,81
	Messposition 2	0,70	0,79
	Messposition 3	0,67	0,79
	Messposition 4	0,65	0,75
	Messposition 5	-	-
	Messposition 6	-	-
	Messposition 7	-	-
	Messposition 8	-	-

German DIN18041?

Messwert	Raum	Gruppenraum EG	
		vorher	nachher

T ₂₀ [s]	Mittelwert	1,20	0,59
T ₃₀ [s]	Mittelwert	1,07	0,56

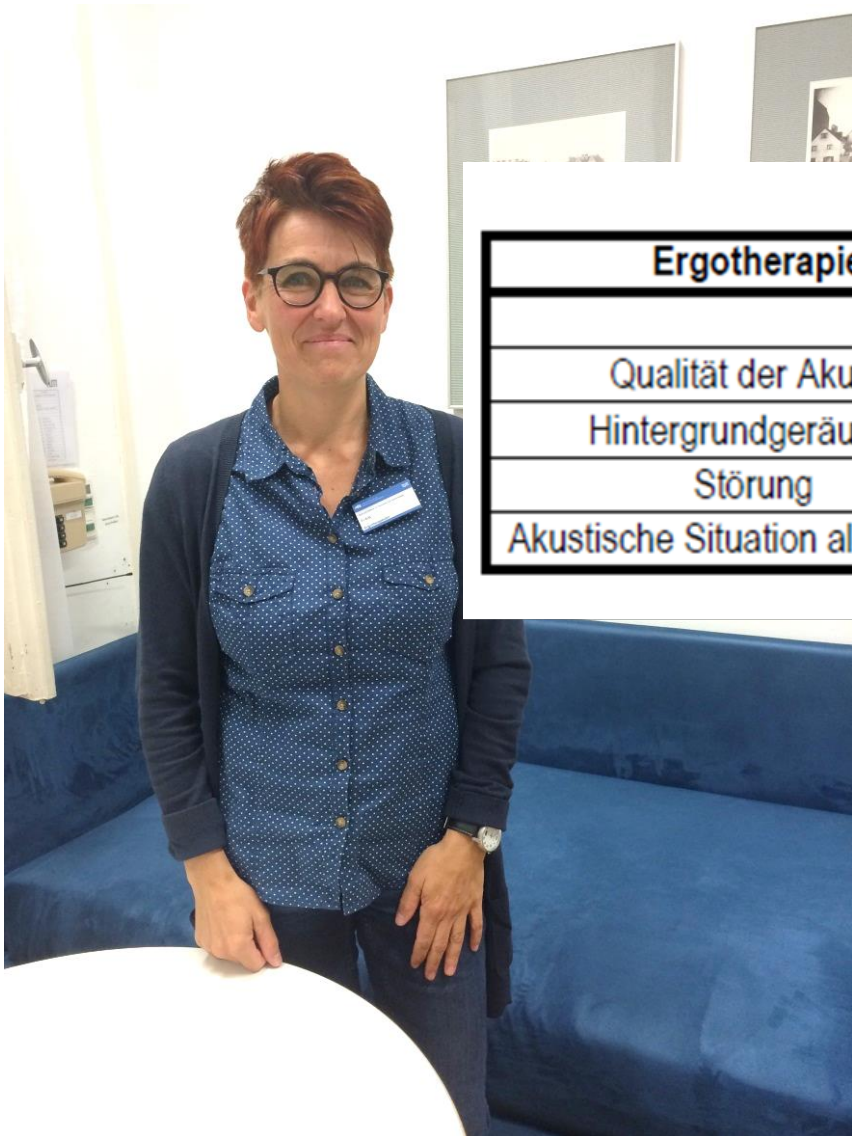
Messwert	Raum	Foyer EG	
		vorher	nachher

T ₂₀ [s]	Mittelwert	1,40	0,51
T ₃₀ [s]	Mittelwert	1,54	0,53

Messwert	Raum	Ergotherapie UG	
		vorher	nachher

T ₂₀ [s]	Mittelwert	1,16	0,47
T ₃₀ [s]	Mittelwert	1,26	0,57

Results – the soft ones...



Ergotherapie	Mitarbeiter 1		Mitarbeiter 2	
	vorher	nachher	vorher	nachher
Qualität der Akustik	4	2	4	1
Hintergrundgeräusche	4	3	4	1
Störung	n. zutr.	n. zutr.	n. zutr.	n. zutr.
Akustische Situation als Stressor	gelegentlich	gelegentlich	gelegentlich	ja

'The patients were really distracted when doing cognitive tests before the treatment...'

'The first two weeks after the acoustic treatment were crazy...'

Ergotherapist Stephanie

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A SOUND EFFECT ON PEOPLE

Results – the soft ones...



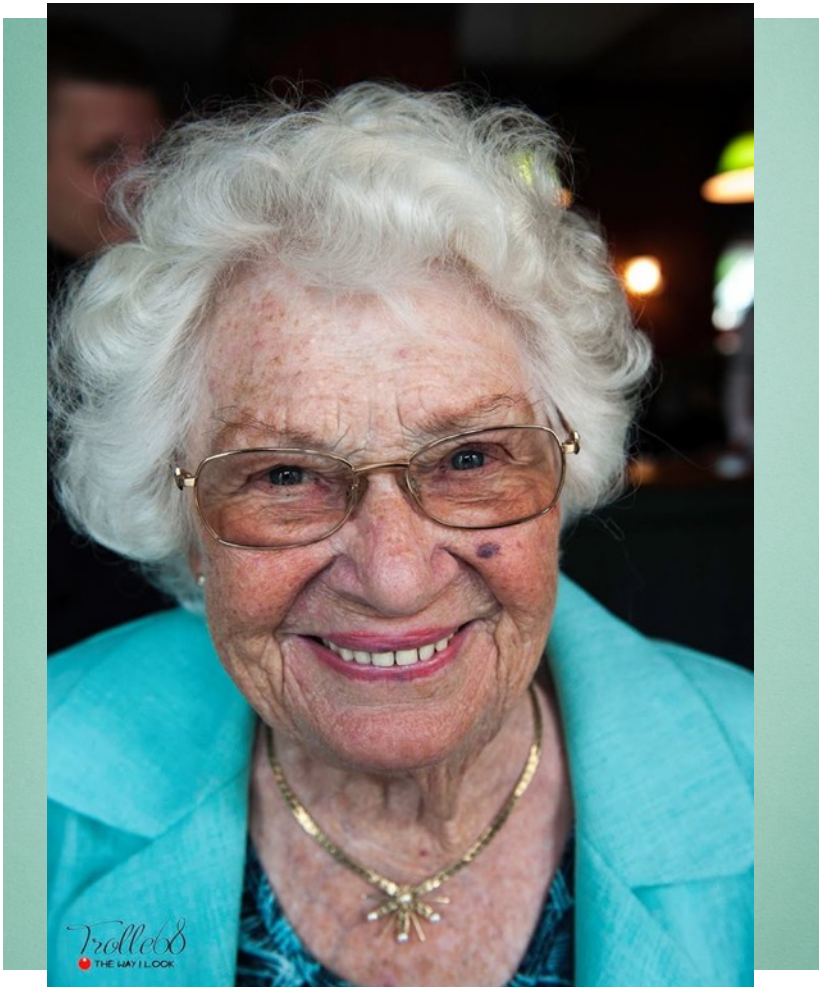
‘I don’t believe in the effect on the patients – but I need fresh employees!’

Prof. Dr. Janine Diehl-Schmid

Ecophon[®]
SAINT-GOBAIN

A SOUND EFFECT ON PEOPLE

Conclusions



- WHO set high demands
- SOUND AFFECTS PEOPLE
- The hearing is developed for an outdoor environment
- The elderly ear is challenged
- The number of people with dementia will increase
- The study in Munich showed the need for more acoustic descriptors
- Design for people!

Thank you for your attention!

Follow me on Twitter (@deciBel_dam) and LinkedIn

