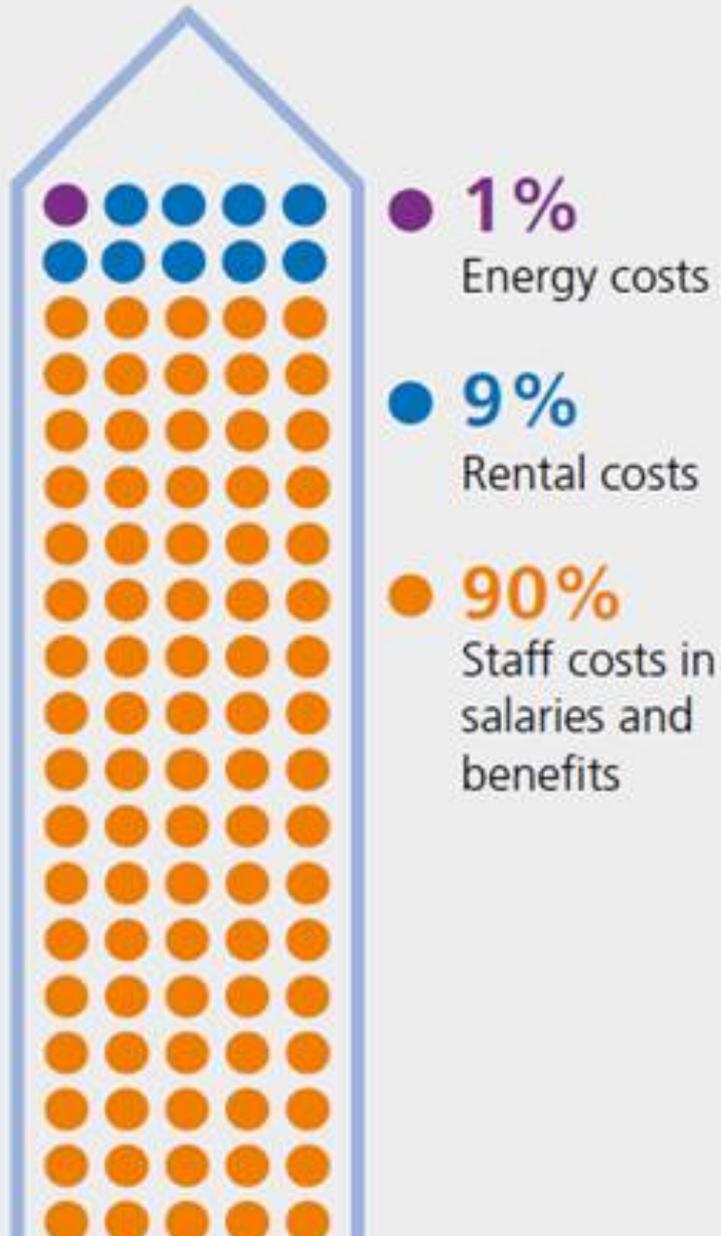




willisnewsom

**ART BREATHES SOUL INTO A HOSPITAL  
BUILDING:**

**CELEBRATING CREATIVITY AND WELLBEING  
AT SOUTHMEAD HOSPITAL BRISTOL**



**80% of the cost of operating a building lies in staff costs, so it makes sense to pay as much attention to supporting the process of change and to developing a culture of care, as it does to creating the best possible *environment* for care.**







GREY WALTER Department  
of  
Clinical Neurophysiology

10

WARD  
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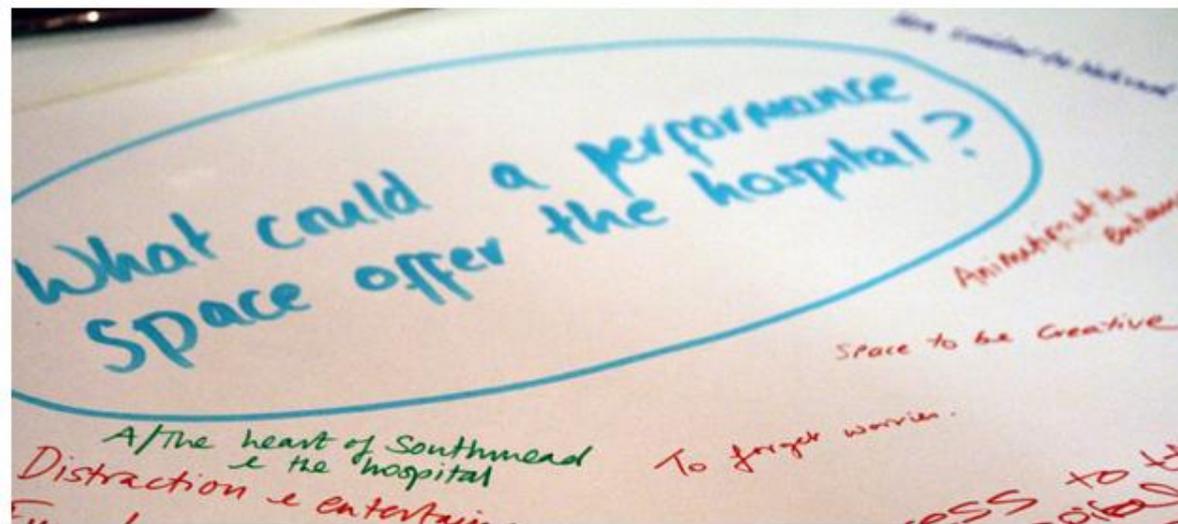
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Welcome





MOVE

MOVE

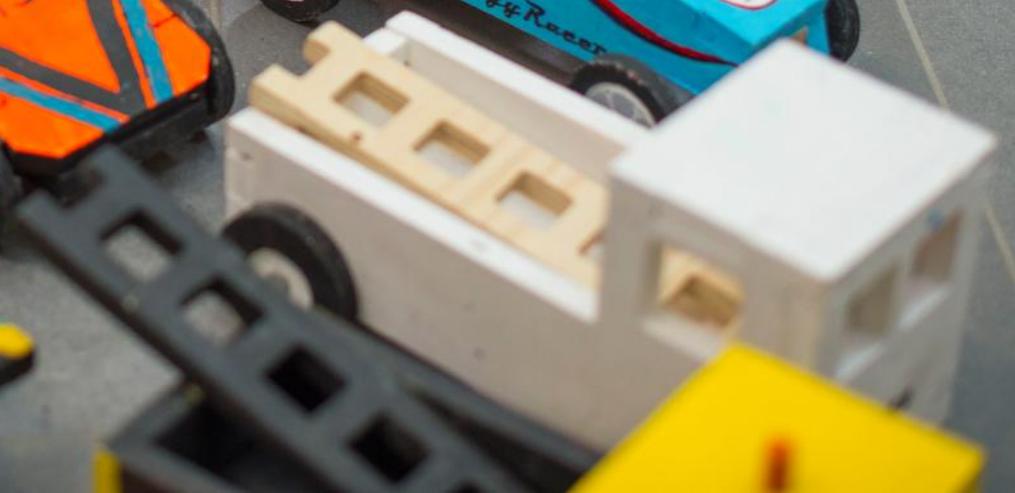


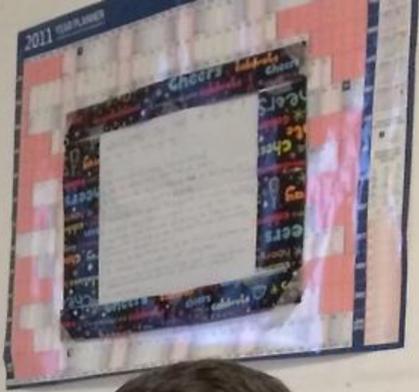












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PBV 16

SEV

**Move**  
**Ask Me**















tomato  
prize during  
your break





The Wellbeing Tombola

THE WELLBEING TUMBOLA  
DO YOU KNOW **EMMA & LIGHT**  
FROM **SKR**.....?

THEY MADE THIS TUMBOLA PRIZE AND  
YOU WERE RANDOMLY SELECTED TO  
RECEIVE IT.

CONGRATULATIONS!

THIS GIFT IS PART OF THE ACTIVITIES AT  
SOUTHMEAD HOSPITAL'S FRESH ARTS  
FESTIVAL, WHICH'S HAPPENING RIGHT  
NOW.

THIS IS AN EXPLORATION OF  
ACTIONS WE CAN TAKE  
OUR OWN WELLBEING  
CHOOSING TO GIVE  
OF KINDNESS WITH  
HANDMADE GIFTS



KNIT  
WITH  
ME....









*“Just wanted to say that I love the Knitted Bus Stop.... It was a real topic of conversation amongst the staff coming off night duty this morning, a great splash of colour. I came into the building with a big smile on my face.”*



*“The words of wisdom machine is brilliant - dispensing some much needed comforting words when required. Please keep it up - makes the hospital a much nicer environment”*

A wooden bench with a yellow crocheted cover on the backrest. The cover has the text "ANYTHING IS POSSIBLE" written in pink. The bench is set against a dark stone wall.

ANYTHING IS POSSIBLE



LOVE SAVES THE DAY



KNIT WITH ME



**" VALUE YOURSELF "**





**" KEEP GOING "**

*"It was lovely to be adopted by the knitting group especially as hospital can feel alienating. Art in hospitals is so important in this respect. I consider myself to have had fate smiling on me, as chatting and knitting made me feel less anxious to the extent that I managed a full 30mins deep in the scanner which as a claustrophobe I didn't think I could cope with. I would never have imagined myself to be knitting in hospital! It was heart-warming to find a creative corner in that vast building. Going from a vast public space to the tiny act of knitting and talking to a nice welcoming group of strangers changed my feeling about the whole hospital. Many thanks"*











## RECOMMENDATIONS

- Think creatively when planning how to manage change and transition .
- Recognise what staff are going through and plan small, symbolic acts of kindness that let them know they are valued and cared for.
- Create space for people to express what they are feeling.
- Remember that 80% of the cost of a building lies in its staff, so it makes sense when planning a new hospital to pay as much attention to supporting the process of change and to developing a culture of care, as it does to creating the best possible *environment* for care.



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**FOR FURTHER  
INFORMATION**

**Jane Willis**

Director

Willis Newson

[www.willisnewson.co.uk](http://www.willisnewson.co.uk)

[jane@willisnewson.co.uk](mailto:jane@willisnewson.co.uk)

0117 924 7617